



John Beddoes 5 x60 programme

Autumn Term (Sept- Dec)



	MON	TUES	WEDS	THURS	FRI
Lunch Club (1-1.30)	Dance Club Powys Dance (Beth) Starts 20/09	Netball League Yr 7+8 (DE) Starts 14/09	Netball League Yr 9 +/staff (DE) Starts 15/09	Boys Indoor Footy League Yr 10+/Staff (IH & 6 th form) Starts 16/09	Girls Spinning All years Starts 17/09 (Studio DE)
	Fitness Suite & Squash Yr 10/11 (IH)	Boys Football All years (IH)	Fitness Suite & Squash Yr 10/11 (IH)	Boys Rugby All years (SB/TC)	Dodgeball League All years (IH & 6 th form) Starts 17/09
	Girls Rugby Yr 7/8/9 (MB/PG)	Girls Rugby Yr 10/11 (MB/PG)		Girls Football All years (RV)	
After school (3.45—4.45pm)	Badminton turn up & play (IH & 6 th form)	Basketball turn up & play (6 th form/JO)	YEP ERLC Fitness Suite (TJ)		Wheelchair Basketball All years (ERLC IH/PG)
			Hockey Club (DE) All years (boys/girls)		
Evening	YEP Knighton LC (Girls only) 6-7pm		YEP Knighton LC 6-7pm		

ALL CLUBS START FROM MONDAY 13TH SEPTEMBER (DANCE STARTS MONDAY 20TH SEPT)

ACTIVITIES COMING SOON.....

Trampolining/Boxercise/Skiing/Outdoor Trips/Skate Boarding